

Illinois Softball Coaches Association



ILLINOIS COACHES ASSOCIATION
SERVING ALL COACHES IN ALL SPORTS

Southern Coaches Clinic

February 4, 2012

8:30 a.m. – 3:00 p.m.

**Carterville High School
1415 W. Grand
Carterville, IL 62918**

Directions:

From St. Louis

I64 E, I57 S, Take Exit 54B (HWY IL-13 E), Turn Right on Cambria, Turn Right on Grand

From Paducah

I24 W, I57 N, Take Exit 54B (HWY IL-13 E), Turn Right on Cambria, Turn Right on Grand

From Chicago

I57 S, Take Exit 54B (HWY IL-13 E), Turn Right on Cambria, Turn Right on Grand

From Evansville, IN

IN-62 W, IL-45 S, IL-13 W, Turn Right on Cambria, Turn Right on Grand

Coaches Clinic Agenda

Jen Sewell	8:30
Hitting Fundamentals and Drills	
Keenan Clark	9:15
Infield Defensive Techniques	
Break.....	10:00
Kevin Stephens	10:15
Pregame Routines: How to get your teams prepared to play	
Randy Wolken	10:45
Bunting & Slapping	
Lunch Provided	11:30
Roger Lipe	12:00
Team-building and the Importance of Team Unity	
Kevin Stephens	12:30
The importance of Positional Throwing	
Break.....	1:00
Randy Wolken	1:15
Pitching Drills: Workouts and Routines	
Coaches Roundtable	2:00
Randy Wolken, Brett Diel, Nathan Emrick, Kevin Stephens talking about practice organization, favorite drills, manufacturing runs, dealing with players, etc....	
Cost	
Pre-Registered by Jan. 30th	
\$50 per coach	
At the Door	
\$60 per coach	
Make checks payable to MCHS.	

Questions: Dwain Nance, fisherman0916@yahoo.com, (217) 778 – 9603 or
Nathan Emrick, nemrick@cobden.union.k12.il.us, (618) 559 – 1712 or
Brett Diehl, bdiehl@cartervillelions.com, (618) 559 – 8381

Coaching Clinic Staff

Jen Sewell

Jen Sewell enters her fourth year at Southern Illinois University and second year as associate head coach. Sewell serves as the team's hitting coach while also working with infield and catchers. The 2010 season was an award winning year for Sewell, who served as an assistant coach for the team that won the Missouri Valley Conference regular season title and finished second at the conference tournament. Along with head coach Kerri Blaylock and coaches Christy Connoyer and Skip Cosgrove, Sewell helped earn the 2010 MVC Coaching Staff of the Year award. She also assist with pitching, including pitch calling and helped guide Danielle Glosson to the Missouri Valley Conference Pitcher of the Year award in 2010. Sewell also worked with catcher Cristina Trapani, who earned MVC All-Conference second team honors as well as a spot on the MVC All-Tournament team in 2010. In addition, Sewell works SIU camps and clinics, assist in recruiting with Blaylock, and opponent scouting.

Keenan Clark

Coach Keenan Clark is the assistant coach to the Carterville Lady Lions for head coach Brett Diehl. As an assistant for Carterville High School, Coach Clark's primary responsibility is that of defensive coach. During his seven year tenure, Carterville has had five different infielders receive a total of nine All-State selections (including three infielders from their 2008 State Championship Team). Carterville won a state championship in 2008. Carterville has had at least one infielder selected for the All-State team every year since 2006. As head coach at Carterville Junior High, he has won seven SIJHSAA Class L State Championships since 2002. He has compiled a 258 – 49 career record (.804 winning percentage) in fourteen seasons.

Kevin Stephens

Coach Kevin Stephens is the head coach of Anna-Jonesboro High School and a coach of the Chicago Bandits 16U and 18U Gold travel teams. He guided his Lady Wildcats to the Super-Sectionals in 2009. Coach Stephens already has over 90 wins in 3 short seasons as head coach. Coach Stephens has coached in the Southern Force Travel program.

Randy Wolken

Coach Randy Wolken is the winningest coach in IHSA Softball with 818 wins. He has been the Head coach of St. Joseph Ogden HS for 33 years. The Spartans won a state championship in 2006. Coach Wolken has won an impressive 28 Regional Titles and 8 Sectional Titles. His Spartans have reached the state tournament 6 times. He was inducted into the ICA Softball Hall of Fame in 2003 and the ICA Basketball Hall of Fame in 2002. Coach Wolken was a finalist for the National Coach of the Year in 2004.

Roger Lipe

Roger Lipe is the Southern Illinois Representative for the Fellowship of Christian Athletes. He has served coaches and athletes in the 26 southernmost counties of Illinois for F.C.A. since 1994. Through those years, he has served as a sport chaplain and sport mentor to various teams and individual competitors at Southern Illinois University in Carbondale. Lipe is the author of five devotional books for athletes and coaches, most notably *Heart of a Champion – Devotions for the People of Sport*, now in its third printing. He is also the author of *Transforming Lives in Sport – A Guide for Sport Chaplains and Sport Mentors*. Both of these have been translated into Spanish and are published by Cross Training Publishing – www.crosstrainingpublishing.com. Roger has for decades been involved in short-term missions work through No Greater Love Ministries of DuQuoin, IL and through the Fellowship of Christian Athletes. He has facilitated such mission trips since 1991 and continues to do ministry through sport in Honduras, Central America. He is a member of the *Serving the People of Sport Council* for the International Sport Coalition and has traveled extensively serving with the organization.

Brett Diel

Coach Brett Diel is in his 10th year as head coach of the Carterville Lady Lions. He currently has 230 wins and 68 losses. His Lady Lions won a State Championship in 2008. He has guided 4 teams into the Elite 8 (2006, 2007, 2008, and 2011). He has won 5 Regional and 4 Sectional Titles.

Nathan Emrick

Coach Nathan Emrick is two-time State Champions (2009, 2010) for his Cobden Appleknockers. Cobden won the 1A State Championship in 2008, 2009, and 2010. Coach Emrick was an assistant coach on the 2008 team. He has a 3-year varsity head coaching record of 86 wins and only 16 losses. Coach Emrick is from Griggsville IL, and went to SIUC where he played baseball for four years. He played in the Cape Cod League during the summer of 2004.